



# THE STORIES. THE JOKES. THE LITTLE THINGS.

Colin and I talk about legacy, and it gets very human very quickly. The everyday memories, the conversations we can still have and the little bits of information that make life easier for the people we love.

*Colin Jowell and I chat about what we leave with the people we love.*

## LEGACY LIVES IN THE LITTLE THINGS.

### 01 IT DOESN'T HAVE TO BE SOMETHING GRAND.

Colin talks about legacy through love, memories and making things less difficult for those left behind. There's room for the ordinary things that matter.

### 02 ASK WHILE YOU CAN HAVE THE CONVERSATION.

Conversations with his father near the end of his life changed Colin's sense of what mattered. They made him look again at the things he was chasing.

### 03 THAT THING ONLY YOU KNOW HOW TO FIND...

Colin asks how easily someone else could understand the everyday information in your head. It's a practical question about complexity, rather than reaching a certain birthday.

### 04 SOMETIMES IT'S THE SILLY LITTLE BITS WE MISS.

Colin talks about jokes and ordinary moments being the details loved ones miss. They can tell a lot of your story, without an awards list.

### 05 HOW WE SHOW UP TODAY IS PART OF IT TOO.

At the end of our chat, I connect legacy with stories, relationships and everyday choices. There are things we can contribute while we're here.



# SORT ONE DRAWER.

# SPARE THEM THE FIGHT.

More useful bits from the conversation, each with one way to use it.

*Pick the one that fits your week.*

## 06 WRITE THE CARE DETAILS

Colin says naming a carer isn't enough. Record allergies and what comforts your kids. **Try it:** Write a secure care note and tell a trusted carer where it is.

## 07 ONE MODULE A DAY, MAX

Colin breaks life admin into small sections so it's easier to start and return to. **Try it:** Organise one small category of household information, then stop.

## 08 WRITE DOWN FUNERAL WISHES

Colin says unclear funeral plans are one of the first things families fight about. **Try it:** Write your preferences and tell someone you trust where to find them.

## 09 DON'T CANCEL THE PHONE TOO SOON

A loved one's mobile may still receive two-factor codes needed to manage their accounts. **Try it:** Check account recovery with the executor before cancelling the service.

## 10 SAVE PHOTOS BEFORE CLOSING CLOUD

Closing a cloud account can lose photos. Colin flags it as one to check first. **Try it:** Check legacy-access options and save important photos before an account is closed.

## 11 NAME THE FEAR

Colin says putting a feeling into words can calm it enough to look at it. **Try it:** Write the fear behind one hesitation; separate real risks from what others might think.





# SAVE ONE ORDINARY STORY.

**Ask for the story while you can.**

## 1 SAVE ONE ORDINARY STORY.

Write it down or record it. Include the little details that make it yours. It doesn't have to be impressive to be worth keeping.

## 2 MAKE ONE PRACTICAL THING EASIER TO FIND.

Note where important household information is kept. Keep it secure, and don't put passwords or sensitive details into a public document.

## 3 ASK FOR THE STORY.

Ask someone close to you about a memory they'd like to keep. Get their agreement before recording or sharing it. It can just be a conversation between you.

### ONE THING BEFORE 50. OR STARTING NOW.

Save an ordinary story now. The joke, the mishap, the thing you still laugh about. It doesn't have to sound impressive to matter to someone.

## OVER TO YOU

The story I'd like to keep is...

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The person I'd love to ask is...

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